


<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>							
KEYSTONE BLUFFS FEBRUARY 2018 ACTIVITY CALENDAR  Welcome: Jack Stevens, Jim & Harriet McDonnell Happy Birthday To: Audrey Niemi-12 th ; Doris Haataja-14 th Verlaine Stabe-15 th ; Alice Janke-28 th <i>*Great American Pies Month</i>				1 HULA IN THE COOLA DAY 9:00 Group Exercise 10:00 Salad Bar Prep 10:00 Pampered Nails 2:00 Hit the road (map puzzle) 3:00 Banana Splits!		2 GROUND HOG DAY 9:00 Group Exercise 9:45 Shopping Cart 10:00 EZ crafts: Design Snowflake & snowman name tags for Winter Frolic Week 10:30 Catholic communion w/ Paule Barbeau 2:15 Cocktails & mocktails- music by Tony & Tom Pitschka		3 10:00 "Games People Play" (Skip-Bo, Scrabble & Cribbage) 2:00 Movie & Popcorn					
4 SUPER BOWL 9:00 Worship, Hymn Singing & Communion 11:00 Catholic Communion <i>*Big screen TV Super Bowl party w/ snacks & beverages</i>		5 9:00 Group Exercise 10:00 Salad Bar Prep 1:30 Cribbage & Bridge 2:00 "Knit Wits" 3:00 Happy Hour-Music By Glen Laspi		6 NAT'L FROZEN YOGURT DAY 9:00 Group Exercise 10:00 Hearing clinic with Hearing Associates 10:00 Valentine craft class 11:00 Keyport in Superior for \$1.50 burgers 2:00 Loose Change Bingo 3:30 Frozen Yogurt sampling		7 WACKY WEDNESDAY 8:30 Do the Chicken Dance! 9:00 Group Exercise 10:00 Salad Bar Prep *SEND A CARD TO A FRIEND DAY 11:00 Schwan's truck 2-4:00 Pen pals -- send cards & letters to Nursing Home Residents 2:00 Walk & Wine		8 NATIONAL GIRL SCOUT COOKIE DAY 9:00 Group Exercise 10:00 Salad Bar Prep 10:00 Pampered Nails & Avon calling 2:00 Veteran's coffee hour 4:00 Noodle Ball & Trivia		9 OLYMPIC WINTER GAMES (9TH-25TH) 9:00 Group Exercise 9:45 Shopping Cart 10:30 Catholic Communion w/ Paule Barbeau 2:00 Loose Change Bingo <i>Winter Frolic/Valentine's King & Queen voting</i>		10 10:00 "Games People Play" (Skip-Bo, Scrabble & Cribbage) 2:00 Movie & Popcorn	
11 9:00 Worship, Hymn Singing & Communion 11:00 Catholic Communion		12 WINTER FROLIC WEEK OATMEAL MONDAY 8:00 Start the day with delicious & nutritious oats & toppings! 9:00 Group Exercise 10:00 Salad Bar Prep 12:00 King & Queen Coronation 3:00 Happy Hour-Music by The Third Street Brothers		13 MARDIS GRAS INTERNATIONAL PANCAKE DAY 8:00 Pancake Palooza 9:00 Group Exercise 10:30 Mardis Gras coffee hour *Lunch surprises 2:00 Loose Change Bingo 3:15 Frozen treats		14 VALENTINE'S DAY ASH WEDNESDAY-Lent Begins 9:00 Group Exercise 10:00 Celebrate Valentine's Day in France 11:30 & 12:30 Cupid's French Cuisine 2:15 Walk & Wine 2:30 Sweetheart Social (for married couples)		15 NATIONAL GUMDROP DAY 9:00 Group Exercise 10:00 Salad Bar Prep 10:00 Pampered Nails 2:00 Sing-a-long w/ Sue and Fur Frolic parade 3:00 Sleigh ride High Tea 7:00 Winter Frolic dance with Big Band music by the Windjammers		16 CHINESE NEW YEAR 9:00 Group Exercise 9:45 Shopping Cart 10:30 Catholic Communion w/ Paule Barbeau 2-4:00 Chinese cooking demo & sampling: Egg rolls & Wontons		17 10:00 "Games People Play" (Skip-Bo, Scrabble & Cribbage) 2:00 Movie & Popcorn	
18 9:00 Worship, Hymn Singing & Communion 11:00 Catholic Communion		19 PRESIDENT'S DAY 9:00 Group Exercise 10:00 Salad Bar Prep 1:30 Cribbage & Bridge 2:00 "Knit Wits" 3:00 Happy Hour-Music By Robi Myerson		20 NAT'L CHERRY PIE DAY 9:00 Group Exercise 10:00 Cherry Pie baking 2:00 Loose Change Bingo 3:30 Pie social		21 9:00 Group Exercise 10:00 Salad Bar Prep 11:00 Schwan's Truck 1:30 Chair Yoga 2-4:00 Errands on the Bus 2:15 Walk & Wine		22 9:00 Group Exercise 10:00 Salad Bar Prep 10:00 Pampered Nails & Avon calling 10:30 Birthday cake baking 2:30 February Birthday party		23 FRENCH FRY FRIDAY 9:00 Group Exercise 9:45 Shopping Cart 10:30 Hymn singing w/ Natalie 10:30 Catholic Communion w/ Paule Barbeau 2:00 Loose Change Bingo		24 10:00 "Games People Play" (Skip-Bo, Scrabble & Cribbage) 2:00 Movie & Popcorn	
25 9:00 Worship, Hymn Singing & Communion 11:00 Catholic Communion		26 BLUE JEANS MONDAY (Levi Strauss 1829-1902) 9:00 Jump Start 10:00 Salad Bar Prep 1:30 Cribbage & Bridge 3:00 Happy Hour-Music by Jerry Alan		27 NAT'L STRAWBERRY DAY 9:00 Group Exercise 10:00 EZ cooking: Chocolate Dipped Strawberries 2:00 Loose Change Bingo 3:30 Celebrate the Strawberry!		28 9:00 Group Exercise 10:00 Salad Bar Prep 1:30 Chair Yoga 2:15 Walk & Wine 2-4:00 Errands on the bus							